



# Dental Coaching Academy

## *Level 7 Postgraduate Certificate in Leadership Coaching and Mentoring*

A powerful and practical programme for dental professionals seeking to develop their career by supporting others. Coaching and mentoring are highly rewarding activities - for everyone.

The certificate combines face-to-face tutoring in three modules with online learning, telephone tutorials and supervised coaching. This qualification benefits individuals **and** builds a coaching and mentoring culture in organisations.

Successful completion means credits can be used to progress to a Diploma in Leadership Coaching and Mentoring with the Chartered Management Institute. These portable credits are also recognised by other awarding bodies too.

*"The course fulfilled Denplan's specific needs. Juggling the commitment with working lives is challenging, yet has given so much more to the delegates than expected."*

College Farm, Main Street,  
Willoughby, Warwickshire,  
CV23 8BH UK

T: +44 (0) 345 077 2980 #1

[www.dentalcoachingacademy.co.uk](http://www.dentalcoachingacademy.co.uk)

[Info@dentalcoachingacademy.co.uk](mailto:Info@dentalcoachingacademy.co.uk)

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Dental Coaching Academy



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# Level 7 Postgraduate Certificate in Leadership Coaching and Mentoring



## It's time to challenge and stimulate your academic and personal development

- Build the dental business
- Develop talented colleagues
- Develop your coaching and mentoring skills
- Nurture peoples' confidence

Help others to grow a successful, varied, and fulfilling career in dentistry.

## Programme Overview

The Level 7 Postgraduate Certificate in Leadership Coaching and Mentoring gives a comprehensive understanding of coaching and mentoring, together with practical methods. Relevant underpinning elements include reflective writing, leadership and communications skills.

## How the DCA programme is different

- **Online learning modules:** learn at your own pace
- **In-person interactive events:** practise your skills and share learning with your peers
- **Action learning and supervision:** check your progress as you go

Your time with us will be rewarding, challenging, fun and memorable. And you'll develop confidence in your coaching and mentoring skills.

## Flexibility

Designed to be completed within six months, the programme allows maximum flexibility. You can access the online packages day and night and tailor other elements around your busy day-to-day commitments.



## Course Outline

### Module one - online

The fundamental aspects of mentoring, coaching and reflective learning. Discover the skills of questioning, listening, reflecting, and supporting others - and how they are related to mentoring and coaching.

### Module two – in person

Build on your underpinning knowledge during face to face tutoring, discussion and action learning.

Explore the impact of coaching and mentoring on individuals, teams and the organisation.

### Module three - online

Advanced aspects of coaching, mentoring, leadership, communication and reflective learning.

Explore the scholarship of Gibbs, Kolb, Honey and Mumford, Maslow and Golman, amongst others.

### Coaching and Mentoring Practise

Develop your mentoring and coaching skills, practise real issues with colleagues and peers.

### Formative Tutor Feedback

Develop your skills with other participants; receive feedback from your Tutors.

### Written Assignments

Two written assignments assess your knowledge alongside the practical skills required to be a competent mentor in practice.

### Varied Assessment Methods:

Each part of the programme includes assessments to track your progress, across a broad range of methods, including:

- On-line quizzes
- Written assignments
- Action learning
- Reflective writing
- Live mentoring sessions
- Personal Development Plan
- Practical Scenario
- Presentation

This variety ensures that, whatever your learning preferences, there's something for everyone.

### Programme Materials

Through our Learning Management System (LMS) you will access your learning packages, Programme Tutors and Administrators. Resources include:

- Online learning
- Personal Development Plan template
- Mentoring log
- Reflective log
- Background reading and articles



## About the Dental Coaching Academy Tutor Team

**Dr. Janine Brooks MBE**, has over 30 years experience as a dental professional and, in 2011, began providing coaching for leadership to dental professionals and a broad range of education and training topics to include reflective practice, ethical practice, leadership skills, under performance and communication skills.

Janine works with organisations including the University of Bristol and NHS England, Thames Valley, the British Dental Association, Eastman Institute and several Postgraduate Deaneries.

**Bob Hughes PCC**, is an experienced learning and development manager, leadership consultant, coach and people manager, with a successful track record in leadership development, talent management, employee engagement and project delivery in major corporations.

Bob is the co-designer of the 'Professional Leadership Coaching' model, now used around the world to develop leaders and managers in technical and professional fields. He is a recognised international speaker and coaches dental professionals to develop their careers and improve their leadership.

**Helen Caton Hughes MA, PCC**, Chartered Marketer, designs and delivers organisational development training, coaching and leadership consulting services to major organisations nationally and internationally.

Helen coaches dental professionals in career development, leadership and team-development. A qualified leadership coach, Helen has worked to support the emerging profession of coaching and develop and maintain standards for coaching, mentoring and supervision.

## Awarding Body

The awarding body is the Chartered Management Institute (CMI) and external verification is provided by the National Centre for Strategic Leadership (NCSL).

## Contact us

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